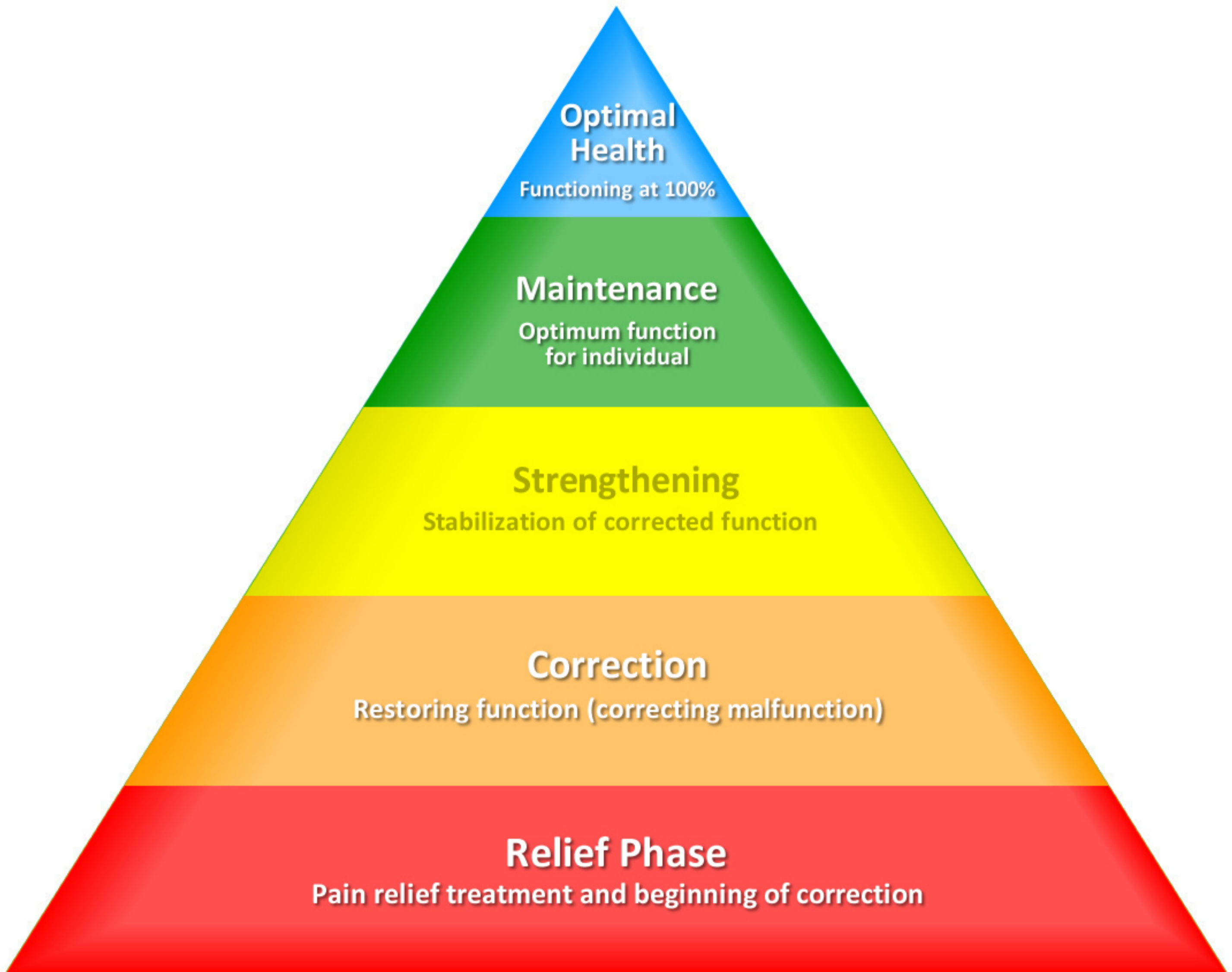


# ROAD TO HEALTH

**Health:** A state of optimum physical, mental and social well-being, and not merely the absence of disease and infirmity - World Health Organization



**Poor Health:** The state of "poor health" if left untreated can lead to disease